



Earache

Top 7 homeopathic remedies

What is earache?



- Earache and ear pain are common, particularly in young children.
- It can be painful, but is not usually a sign of anything serious.
- Most earaches in children are caused by an ear infection, which usually starts to improve after a few days.

How to spot Earaches in babies & young children

A young child might have earache if they:

- Rub or pull their ear
- Do not react to some sounds
- Have a temperature of 38C or above
- Are irritable or restless
- Are off their food
- Keep losing their balance
- Earache and ear pain can affect one or both ears





Aconite

- Sudden onset with pains in the ear, from dry, cold winds, getting very cold, from shock or fright
- The ear looks red and is hot with tingling & buzzing feeling
- A high fever may develop
- Unbearable sharp pains and agitation at the onset
- Great anxiety, sense of foreboding (think might die)
- The left ear can feel as if it has a drop of water in it
- Restlessness worse at night/midnight
- Sensitive to noise, music is unbearable



Belladonna

- Redness of the ear or cheek at first onset and comes on suddenly with fever
- Throbbing, pulsating pains in the ear, humming noises or banging sounds
- Can be right sided
- Swollen glands around the ear and neck
- Extreme pain screams out, even in sleep
- Ear feels hot to touch or feels hot inside
- Can have dilated pupils, red face, glassy eyes
- Craves lemonade
- Better for warm wraps



Chamomilla

- Sharp stitching pains in the ear
- Frantic & screaming from the pain which is intolerable - with anger
- Very cross can't be appeased, demands instant relief
- Capricious - doesn't know what they want
- Whining, restless children that can't be consoled with an earache with soreness, heat and swelling
- Very sensitive to cold winds and the ear feels blocked
- Roaring in the ears like rushing water or feels as if hot water is pouring out
- One cheek pale, the other red
- Might be worse at night, touching the ear or being examined
- Better being carried or rocked

Hepar Sulph

- A deeper state - useful for middle ear infections
- Ailments after exposure to the cold, slightest draught, or to wind
- Discharging ears of yellow pus which is foul smelling like old cheese
- Ear is sensitive to touch, splinter like pain or like a sharp pencil forced in
- Deafness in the ear from accumulation of pus
- Roaring noises in the ear
- Very chilly and sensitive to draughts, or cold of any kind
- Smelly breath
- Bad tempered, hypersensitive & irritable





Merc Sol

- For more advanced infection, with pus
- Affects the right ear, shooting pains, extends from ear to throat
- Red hot swelling of ear with sore throat
- Thick, yellow, green, foul discharge
- Sensation of cold water running from ear
- Pain worse from heat of the bed, at night, swallowing
- Pain extends from ear to teeth, throat
- Better cold applications
- Can have metallic taste, excessive saliva & offensive breath



Pulsatilla

- Earache with or following a cold
- Thick, bland, copious yellow/green discharge
- Difficulty hearing - feels as if the ear is blocked up with a 'fullness' sensation
- Ear may be swollen and red, with a feeling that something is pressing out
- Feels abandoned - craves affection and sympathy, tearful, weepy and clingy
- Intolerance to heat, wants fresh air, worse warm room, stuffy room
- Worse evening, worse left alone
- Better open or cool air
- Thirstless
- Symptoms can be changeable

Silica

- Silica is indicated for the middle and later stages of a cold accompanied by an ear infection
- Sickly children who get repeated ear infections
- Left sided - perforated eardrum
- Doesn't quite resolve leaving deafness or blocked up feeling, better when yawning or swallowing
- Foul smelling cheesy discharge, with crusts around ear
- Itching of ears when swallowing
- Hissing noises in the ears
- Physical weakness and tiredness
- Chilliness, better for warm covering
- Worse cold air, draughts
- Ill effects of vaccination

